

## **JUNIOR TENNIS PATHWAY**







STAGE	AGE	BALL	COURT	NET HEIGHT	RACQUET (Depending on the size of the player)	SCORING	DESCRIPTION	SUGGESTED PROGRAMS & TOURNAMENTS
RED	5 - 8 years	Red felt or foam Reduced bounce for ages 5 - 8	36' x 18'	2'9"	Up to 23"	2 out of 3, 7-point tiebreaks (official USTA rule for 8 and Under competition)	<ul> <li>Slower play on smaller court</li> <li>Shorter racquets enable earlier rally/play</li> <li>Individual/team games and activities are played</li> <li>Development of technique and simple tactics</li> <li>Required specifications for all USTA-sanctioned 8 and Under tournament play*</li> </ul>	Learn and Play Days  USTA Junior Team Tennis  L3 8U sanctioned tournament
ORANGE	9 - 10 years	Orange Reduced bounce for ages 9 - 10	60' x 21' singles, 60' x 27' doubles	3' center, 3'6" at net posts	23"– 25"	2 out of 3, 4-game sets using no-ad scoring; 3rd set is a 7-point tiebreak	<ul> <li>Play is faster vs. Red stage</li> <li>Lower bounce appropriate for child's size</li> <li>Implementation of advanced techniques and tactics</li> <li>Longer matches for individual/team events</li> <li>Approved for USTA-sanctioned 10 and Under tournament play**</li> </ul>	Learn and Play Days  USTA Junior Team Tennis  L3 10U sanctioned tournament
GREEN	9 - 12 years	Green Slightly reduced bounce from standard tennis ball	78' x 27' singles, 78' x 36' doubles	3' center, 3'6" at net posts	25"— 27"	Modified scoring formats for shorter matches are recommended	<ul> <li>Play is faster vs. Orange stage</li> <li>Continued development of technique, movement and advanced tactics</li> <li>Individual/team events are played</li> <li>Approved for USTA-sanctioned 10 and Under tournament play**</li> </ul>	Learn and Play Days  USTA Junior Team Tennis  L2-+L1 sanctioned tournament
YELLOW	11 years and over	Yellow Standard tennis ball	78' x 27' singles, 78' x 36' doubles	3' center, 3'6" at net posts	25" – 29"	Any scoring system within the Rules of Tennis	<ul> <li>After progression of Red, Orange and Green stages</li> </ul>	Learn and Play Days  USTA Junior Team Tennis  L3-+L1 sanctioned tournament